# CLINICAL POLICY Roflumilast foam



# **Clinical Policy: Roflumilast (Zoryve Foam only)**

Reference Number: PA.CP.PMN.46 Effective Date: 09/2024 Last Review Date: 08/2024

## Description

Roflumilast (Zoryve<sup>®</sup>) is a selective phosphodiesterase 4 inhibitor.

## FDA Approved Indication(s)

Zoryve foam is indicated for the treatment of seborrheic dermatitis in adult and pediatric patients 9 years of age and older.

## **Policy/Criteria**

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.* 

It is the policy of PA Health & Wellness<sup>®</sup> that Zoryve foam is **medically necessary** when the following criteria are met:

## I. Initial Approval Criteria

## A. Seborrheic Dermatitis (must meet all):

- 1. Request is for roflumilast foam (Zoryve);
- 2. Diagnosis of seborrheic dermatitis with body surface area involvement  $\leq 20\%$ ;
- 3. Prescribed by or in consultation with a dermatologist;
- 4. Age  $\geq$  9 years;
- 5. Failure of both of the following (a and b), unless clinically significant adverse effects are experienced or all are contraindicated:
  - a. Topical antifungal (*see Appendix B*);
  - b. Topical corticosteroid (*see Appendix B*);
- 6. Request does not exceed 1 can per month.

## **Approval duration: 12 months**

## **B.** Other diagnoses/indications

1. Refer to the off-label use policy if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53

## **II.** Continued Therapy

- A. Seborrheic Dermatitis (must meet all):
  - Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.PHARM.01) applies;
  - 2. Request is for roflumilast foam (Zoryve);
  - 3. Member is responding positively to therapy;
  - 4. If request is for a dose increase, new dose does not exceed 1 can per month.

#### **Approval duration: 12 months**



### **B.** Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via PA Health & Wellness benefit and documentation supports positive response to therapy or the Continuity of Care policy (PA.PHARM.01) applies.

Approval duration: Duration of request or 12 months (whichever is less); or

2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): PA.CP.PMN.53

#### III. Diagnoses/Indications for which coverage is NOT authorized:

A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – PA.CP.PMN.53

#### **IV. Appendices/General Information**

Appendix A: Abbreviation/Acronym Key FDA: Food and Drug Administration

#### Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent and may require prior authorization.

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SEBORRHEIC DERMATITIS				
Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose		
Topical Antifungal				
ketoconazole (Nizoral <sup>®</sup> A-D,	Refer to prescribing	Refer to		
Extina <sup>®</sup> , Ketodan <sup>®</sup> , Xolegel <sup>™</sup> ) 1-2%	information	prescribing		
shampoo, 1-2% cream, foam, gel		information		
ciclopirox 1-1.5% shampoo, 0.77%				
gel, 1% cream				
miconazole 2% solution				
clotrimazole (Lotrimin®) 1% cream,				
ointment, solution				
econazole (Ecoza <sup>®</sup> ) 1% cream, foam				
luliconazole (Luzu <sup>®</sup> ) 1% cream				
oxiconazole (Oxistat <sup>®</sup> ) 1% cream,				
lotion				
sulconazole (Exelderm <sup>®</sup> ) 1% cream,				
solution				
<b>Topical Corticosteroids</b>				
betamethasone dipropionate 0.05%	Refer to prescribing	Refer to		
cream, gel, lotion, spray;	information	prescribing		
betamethasone valerate 0.12% foam,		information		
0.1% cream, lotion				



SEBORRHEIC DERMATITIS		
Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
clobetasol propionate (Temovate <sup>®</sup> ,		
Temovate E <sup>®</sup> ) 0.05% cream,		
ointment, gel, solution, shampoo		
desonide (Desowen <sup>®</sup> , Tridesilon <sup>®</sup> ,		
Verdeso <sup>®</sup> ) 0.05% cream, foam, gel,		
lotion, ointment		
hydrocortisone (NuZon <sup>®</sup> , NuCort <sup>®</sup> )		
0.5-2.5% cream, ointment, lotion		
fluocinolone (Synalar <sup>®</sup> ) 0.01%		
shampoo, lotion, cream		

Therapeutic alternatives are listed as Brand name<sup>®</sup> (generic) when the drug is available by brand name only and generic (Brand name<sup>®</sup>) when the drug is available by both brand and generic. \*Off-label

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): moderate to severe liver impairment (Child-Pugh B or C)
- Boxed warning(s): none reported

#### V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
Seborrheic dermatitis	Apply foam to affected areas once daily	Once daily application

#### VI. Product Availability

Foam 0.3%: 60 gm

#### VII. References

- 1. Zoryve Foam Prescribing Information. Westlake Village, VA: Arcutis Biotherapeutics, Inc; December 2023. Available at: https://www.zoryvehcp.com. Accessed May 8, 2024.
- 2. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2024. Available at: http://www.clinicalpharmacology-ip.com/. Accessed May 14, 2024.
- 3. Borda LJ and Wikramanayake TC. Seborrheic dermatitis and dandruff: A comprehensive review. J Clin Investig Dermatol. 2015 December; 3(2):1-22.
- 4. Dall'Oglio F, Nasca MR, Gerbino C and Micali G. An overview of the diagnosis and management of seborrheic dermatitis. Clinical, Cosmetic and Investigational Dermatology 2022:15 1537-1548.

Reviews, Revisions, and Approvals	Date
Policy created	08/2024